## First steps 2020

FOR PARENTS WITH CHILDREN FROM BIRTH TO 3 YEARS OLD AND COUPLES PLANNING TO BECOME PARENTS.

EARLY CHILDHOOD IS A TIME OF RAPID GROWTH AND
DEVELOPMENT IN OUR KIDS AND A GREAT OPPORTUNITY TO
SET THE GROUNDWORK FOR CHILDREN TO GROW INTO
RESILIENT AND RESPONSIBLE ADULTS.

IN THIS COURSE, PARENTS WILL LEARN THE IMPORTANCE OF PLAY FOR RELATIONSHIPS AND GROWTH, DISCOVER THE ROLE OF TEMPERAMENTS IN THE BEHAVIOUR OF THEIR CHILDREN AND EXPLORE THE BASIC HABITS THAT CAN PRIME OUR KIDS FOR SUCCESS.

## **General sessions**

These are held once a month on a Saturday from 2 to 4pm.

2 May Basic Building Blocks of Character

**30 May** Temperaments

20 June Love and Discipline

25 July Marriage Relationship

29 August Sibling Rivalry

19 September Play Time

Home groups meet once a month prior to the general sessions.

FAMILY ENRICHMENT

**Cost** \$250

## **Venue**Montgrove College

Montgrove College Orchard Hills

Enquiries admin@fea.org.au